

## Courageous 2022 - Discussion Questions

### **Video #2 – Orientation & Training**

1. Why do you think orientation and training is a “canary in the coal mine”? Why does it matter so much?
2. How can you tell when you have had enough training?
3. Have you ever had any experience with orientation and training? How would you rate your experience? Did the orientation and training adequately predict what your experience in the company was going to be like?

### **Video #3 – Communication**

1. What do you think are some ways that companies can show that they have good communication?
2. How could the lack of communication lead to unsafe outcomes?
3. Communication is the bedrock of every good relationship. What are some components of good communication in friendship that could be helpful to look for in the workplace?

### **Video #4 – Reporting & Feedback**

1. Why do you think good companies insist on reporting every injury and every near miss?
2. Why does reporting take courage?
3. What should you do if the company you work for does not have a feedback system in place?

### **Video #5 – Stress Management**

1. What are some of the causes of stress in the workplace, particularly in the first 90 days?
2. What do I do if it feels like the production level is too fast for me to keep up?
3. What are some of the ways we can reduce stress in the workplace?

### **Video #6 – Family**

1. What does a high turnover in staff tell you about a company? In other words, what is the connection between longevity and a good workplace environment?
2. How can you tell whether you will be treated with kindness and respect at work?
3. Does a company’s vision for the future matter to your employment? Why or why not?